

I Found My Inner Voice in Outer Space



Amy Englebort

THE SECRETS OF AN ANGEL

Wind of Confidence

Table of Contents

Introduction.....	1
The Conversation that Led to Space	2
The Great Treehouse Takeoff.....	6
The Echo Voyager Rocket Malfunction	Error! Bookmark not defined.
Voices in Space–The True Inner Voice	Error! Bookmark not defined.
The Whispering Moon	Error! Bookmark not defined.
The Impatient Alien and The Lost Star Map	Error! Bookmark not defined.
The Planet of Hidden Meanings.....	Error! Bookmark not defined.
The Slime Nebula Trap	Error! Bookmark not defined.
The Garden of the Mind	Error! Bookmark not defined.
The Mirror of Truth.....	Error! Bookmark not defined.
The Cosmic Chicken Heist.....	Error! Bookmark not defined.
The Sky of Infinite Beauty	Error! Bookmark not defined.
Homeward Bound	Error! Bookmark not defined.
The Cosmic Egg Hatches!	Error! Bookmark not defined.
What to Learn from This Story	Error! Bookmark not defined.

Introduction

This story follows Valor and Alex as they embark on an exciting cosmic adventure aboard *The Echo Voyager*—their treehouse-turned-rocket. Along the way, they discover the power of listening to their own inner voice rather than seeking approval from others. Through their journey, they learn that by changing the thoughts and images in their minds, they can reshape the stories they tell themselves.

As a parent, teacher, or caregiver, you may recall times when you struggled with negative self-talk or felt overwhelmed by the opinions of others. Over time, you likely learned an important truth: energy is better spent focusing on what you can control rather than dwelling on what you cannot. As you read along, take moments to share your insights and experiences—these reflections can help children recognize and strengthen their inner voice.

One way to guide children in this process is by encouraging them to visualize their minds as a garden. Every thought is a seed—some grow into weeds that hold us back, while others bloom into beautiful flowers that uplift us. By nurturing positive thoughts, children can learn to be mindful of the stories they tell themselves.

Finding your true inner voice is a journey—one that requires creating space in both the mind and body to hear your intuition and instincts.

In the quiet—when the outside world fades—**our inner voice becomes clear.**

Confidence is nothing more than believing in YOURSELF, and believing in YOURSELF is about doing the things YOU once didn't believe YOU could do.

The universe is big, but your confidence can be bigger.

The Conversation that Led to Space



It all started at the dinner table. Mom had just served spaghetti when she noticed Alex stirring his noodles instead of eating. Valor, usually full of jokes, was unusually quiet.

Dad set down his fork. “Alright, you two. What’s up?”

Alex sighs. “I got picked on today.”

Mom’s face softens. “Oh, honey. What happened?”

Alex frowns. “A kid in my class—Derek—said I was too small to play soccer. He laughed and told me I’d never be any good.”



Valor crosses her arms. “And some girls in my class said I was ‘trying too hard’ when I answered a bunch of questions in science. They made fun of me for liking school.”

Mom and Dad exchange a look.

Dad leans in. “And what did you both do when they said those things?”

Alex shrugs. “I just sat there. I wanted to say something, but... it’s like their words got stuck in my head.”

Valor nods. “Yeah. Even though I know I like science, a tiny part of me started wondering... *What if they’re right?*”





Mom reaches out and squeezes their hands. “I know it’s hard. People’s words can be **sticky.**”

Dad taps his head. “Because your mind echoes them, right?”

Alex’s eyes widen. “**YES!** That’s exactly it! It’s like I heard Derek’s voice over and over all day.”

Valor frowns. “Yeah... It’s like my brain **kept replaying** what those girls said.”

Dad smiles. “You know what might help?”

Alex and Valor look up. Dad leans forward. “**A trip to outer space.**”

Alex blinks. “Wait... what?”





Mom chuckles. “I don’t think running away from problems is the answer, honey.”

Dad grins. “Not running away. Learning something new. See, in space, there’s no air. No air means no sound waves. And no sound waves means...”

Valor sits up. “No echoes.”

Dad nods. “Exactly. No echoes. Nothing to repeat the voices in your head.”

Alex’s mouth drops open. “So, if we go to space, our minds will be totally... quiet?”

Dad winks. “Quiet enough for you to hear your own voice—not everyone else’s.”

Mom smiles. “And once you hear your own voice clearly, you’ll know exactly who you are.”

Valor’s eyes sparkle. “So... when do we leave?”

Dad grins. “Better finish your spaghetti first.”

Alex shovels his food into his mouth. **“DONE. LET’S GO.”**



The Great Treehouse Takeoff

It's a quiet afternoon in the backyard—until everything changes. Alex and Valor race to their treehouse, the one that their father helped them build. It stands proudly in the giant oak tree, their own secret world above the ground.

At the foot of the wooden steps, Valor spots a single white feather lying in the grass. She picks it up, eyes wide with excitement.

“You know what this feather means, Alex?” she asks, grinning.



Alex nods, a spark in his eyes,
*“When you find a feather, an
angel is watching over you.”*



They continue their climb, the steps creaking beneath their feet. A telescope juts out from one window, ready to explore the skies. A wobbly wooden sign nearby reads: **COSMIC EXPLORERS ONLY**

What You Just Read Is Only the Beginning...

Inside every child is a spark of courage, strength, and confidence waiting to grow.

The stories in this series are created to help children discover the powerful qualities already living inside them – even during moments of fear, uncertainty, sadness, or change.

In [I Am Brave Like an Eagle](#), children learn that bravery is not about never being afraid – it is about finding the courage to keep going.

In [My Hidden Treasure Chest](#), they discover that true strength can come from kindness, resilience, love, and the treasures hidden within their hearts.

And in [I Found My Inner Voice in Outer Space](#), they begin to understand that their voice matters and that confidence grows when they learn to trust who they are.

Every child's journey is different. Every child grows in their own time. But each step forward matters.

May these stories remind children that they are capable, valued, and never alone as they continue discovering the amazing person they are becoming.

Keep reading. Keep growing. Keep believing in yourself.

[Purchase the Full Book](#)

YOUR Journey. Your Growth. Your Power

Visit: secretsofanangel.com