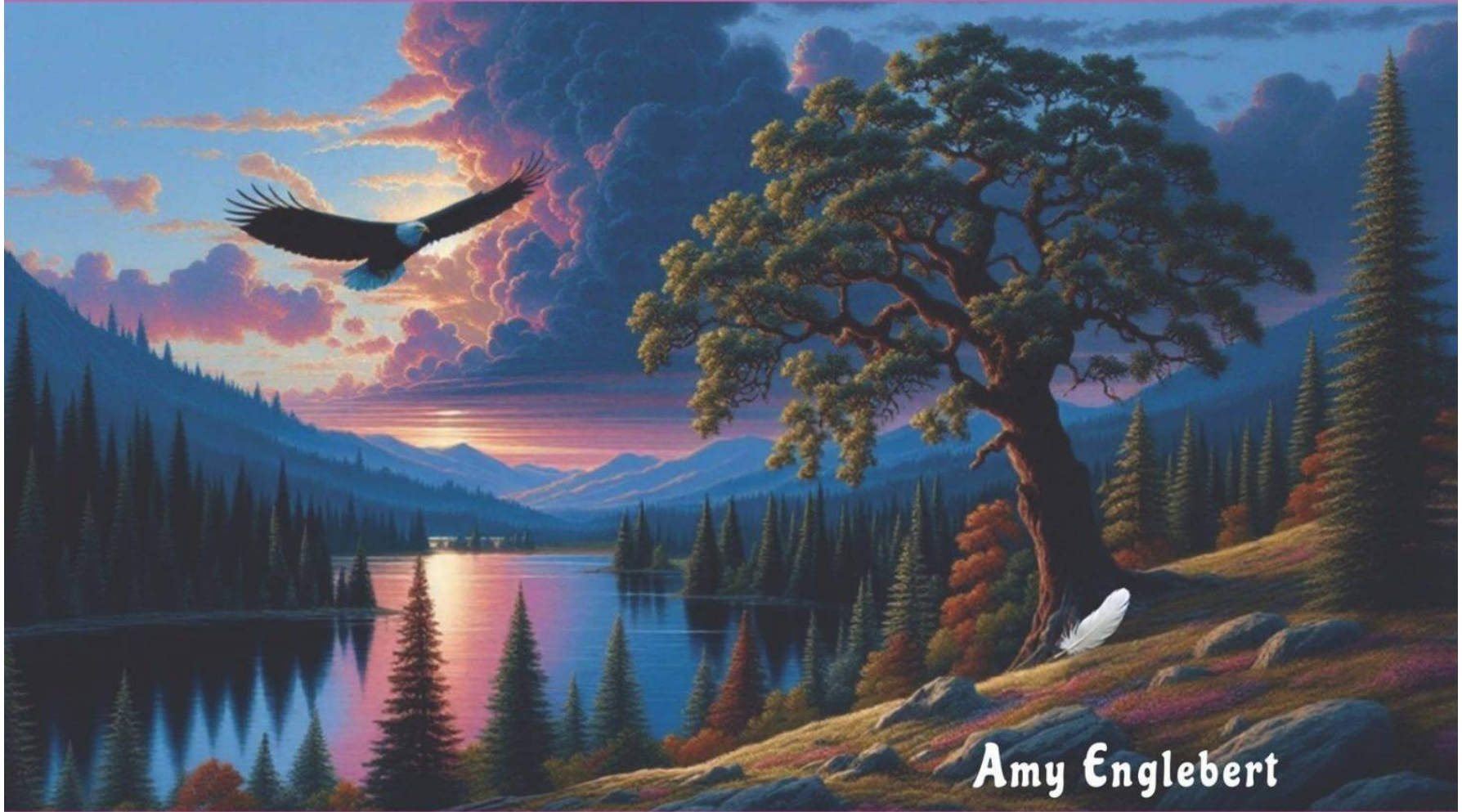


I am Brave Like an Eagle



Amy Englebert

THE SECRETS OF AN ANGEL

Wings of Courage

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Introduction

“Courage is resistance to fear, mastery of fear—not absence of fear.” – Mark Twain

“Never let fear decide your destiny.” – Lucinda Riley, The Seven Sisters

This story follows Valor and Alex as they learn valuable life lessons from Ernie the Eagle. Their journey teaches them that courage often feels more like anxiety, fear, or self-doubt rather than the confident bravery we expect. True courage can look very different on the outside than it feels on the inside.

As a parent, teacher, or caregiver, you may recall times when you faced failure or rejection but found the bravery to learn and grow. Those experiences shaped you, offering new insights and wisdom. Share those moments with children as you read along.

Every child has unique talents, learning styles, and interests that contribute to their ability to navigate life's changes. Embracing one's uniqueness helps in understanding strengths, weaknesses, dreams, and fears. Rather than avoiding challenges, children should be encouraged to face obstacles with courage and resilience.

Standing Up for Others

School has ended for the day, and Alex is waiting for Valor near the playground so they can walk home together.



Alex notices Duncan, a boy from his class, standing near the seesaw—the boy stands frozen, his hands clenched at his sides as the older boys tease him, trying to get him to sit on the seesaw with a much larger boy who is already sitting on the other end.

Seeing Duncan's discomfort, Alex takes a deep breath and wants to speak up.



Alex removes his school bag from his shoulder and opens it, searching for the picture of an eagle he keeps inside. Holding it up to Valor, he says, "This is a reminder that we need to be brave and stand up for what is right."

Alex adds, "It's not right that they're teasing Duncan, trying to force him onto the seesaw. I remember how uncomfortable I felt getting on the seesaw with Peter, and he was closer to my size. Can we try to help him, Valor?"



Valor notices that one of the boys doing most of the teasing is a classmate of hers.
"Hey Kevin, can I talk to you for a second?"

"Sure," Kevin replies, stepping aside with her.



“He doesn’t have to go on if he’s not ready,” Valor says gently.

Kevin stuffs his hands in his pockets and shrugs. “It’s just a seesaw.”

“Have you ever felt nervous trying something new when you weren’t ready?” she asks.

Kevin hesitates, then nods. “Yeah, I guess.”

“Then you know it’s not fair to tease someone for feeling the same way,” Valor says. “He’ll try when he’s ready.”

Kevin glances back at Duncan, then back at his group of friends still standing nearby. He seems to think for a moment, then says, “Yeah...that makes sense.”

As he walks back to his friends, one of them nudges him and jokes. “You going soft, Kev?”

Kevin grins and shrugs. “Maybe. Just leave Duncan alone, alright?”

The group quiets down, and Duncan lets out a breath he didn’t know he was holding. He catches Valor’s eye and gives a small, grateful smile. She smiles back.



“Thanks,” Duncan says quietly.

Alex steps forward. "I didn't have the courage to play on the seesaw the first time with my friend Peter. But he didn't make fun of me when I told him, 'No, I'm not ready.'"

He continues, "I just got over my fear the other day when Valor helped me get comfortable little by little."

Alex grins. “Maybe we can practice together sometime when it’s quieter.”

Duncan nods. "I'd like that."



What You Just Read Is Only the Beginning...

Inside every child is a spark of courage, strength, and confidence waiting to grow.

The stories in this series are created to help children discover the powerful qualities already living inside them – even during moments of fear, uncertainty, sadness, or change.

In [I Am Brave Like an Eagle](#), children learn that bravery is not about never being afraid – it is about finding the courage to keep going.

In [My Hidden Treasure Chest](#), they discover that true strength can come from kindness, resilience, love, and the treasures hidden within their hearts.

And in [I Found My Inner Voice in Outer Space](#), they begin to understand that their voice matters and that confidence grows when they learn to trust who they are.

Every child's journey is different. Every child grows in their own time. But each step forward matters.

May these stories remind children that they are capable, valued, and never alone as they continue discovering the amazing person they are becoming.

Keep reading. Keep growing. Keep believing in yourself.

[Purchase the Full Book](#)

YOUR Journey. Your Growth. Your Power

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